

## Investigación en Psicoterapia

Desde sus inicios, FUPSI ha colaborado con SPR – Society for Psychotherapy Research. Hemos

difundido actividades y participado en distintas instancias. Se trata de una sociedad internacional que nuclea investigadores en Psicoterapia. En este espacio difundiremos artículos de investigación.

LA SPR tiene un canal de youtube con seminarios, eventos, cursos, al cual se pueden suscribir:

<https://www.youtube.com/@sprofficial9900>

También pueden asociarse pagando la cuota anual o seguir sus redes sociales para informarse de nuevos eventos que sean abiertos.

## Novedades sobre investigación en Psicoterapia.

Listado de publicaciones difundido por Rocío Manubens del Comité de Comunicaciones de SPR – Society for Psychotherapy Research. Publicadas mensualmente desde marzo de 2022.

Algunos tienen acceso gratuito, otros no. Están en idioma inglés. Por consultas escribir a Soledad Olave [msolave@gmail.com](mailto:msolave@gmail.com)

Alentamos a que miembros de FUPSI y otros psicoterapeutas, publiquen aquí sus investigaciones. Se reciben las solicitudes en [cdfupsi@gmail.com](mailto:cdfupsi@gmail.com)

## Empirical Paper

[Content and attainment of individual treatment goals in CBT](#)


Anaïs Baur, Anne Trösken & Babette Renneberg

Pages: 1-13 | DOI: 10.1080/10503307.2023.2173681

[When depressed—be mindful of and kind to yourself: Self-compassion as mediator of change in a mindful depression treatment](#)

Alice E. Buxton, Christine Hofheinz, Carina Remmers & Johannes Michalak

Pages: 1-13 | DOI: 10.1080/10503307.2023.2179439

[Clients' experiences with a Trauma-sensitive mindfulness and compassion group intervention: a first-person perspective on change and change mechanisms](#) |  OPEN ACCESS

Malin Wästlund, Katinka Thorne Salvesen & Signe Hjelen Stige

Pages: 1-15 | DOI: 10.1080/10503307.2023.2170295

[Within- and between-session changes of in-session reflective functioning of mothers in dyadic parent–infant psychotherapy](#)

Anna Katharina Georg, Lea Amelie Kasper, Andreas B. Neubauer, Maximilian Selic & Svenja Taubner

Pages: 1-13 | DOI: 10.1080/10503307.2024.2323617

[Patient and therapist change process expectations: Independent and dyadic associations with psychotherapy outcomes](#)

Agostino Brugnera, Michael J. Constantino, Ariella Grossman-Giron, Tzviel Ben David & Dana Tzur Bitan  
Pages: 1-10 | DOI: 10.1080/10503307.2024.2328302


[Group member attachment style interacts with actor and partner helping alliance to predict decreasing binge eating episodes](#)

Gianluca Lo Coco, Agostino Brugnera, Laura Salerno, Angelo Compare, Giorgio A. Tasca & Dennis M. Kivlighan  
Pages: 1-15 | DOI: 10.1080/10503307.2024.2325509

[Mental health clients' receptiveness to and recommendations for integrating physical activity discussions into therapy: a mixed methods study](#)

Emily L. Mailey, Gina M. Besenyi, Justin Montney & Jared Durtschi  
Pages: 1-12 | DOI: 10.1080/10503307.2024.2325512

## EMPIRICAL PAPERS

[Observer-based and computerized measures of the patient's mentalization in psychotherapy: A scoping review](#) |  OPEN ACCESS

Lotta Hüwe, Levin Laser & Sylke Andreas  
Pages: 419-433 | DOI: 10.1080/10503307.2023.2226812

[Session Reactions Scale-3: Initial psychometric evidence](#) |  OPEN ACCESS

Tomáš Řiháček, Robert Elliott, Jesse Owen, Michaela Ladmanová, Jeremy J. Coleman & Matteo Bugatti  
Pages: 434-448 | DOI: 10.1080/10503307.2023.2241983

[Development of a psychotherapy process prototype for the Real Relationship](#)


Daniel S. Spina, Katie Aafjes-van Doorn & Vera Békés  
Pages: 449-460 | DOI: 10.1080/10503307.2023.2191801

[Sensitivity to change of the Systemic Therapy Inventory of Change \(STIC\) intersession scales](#)

Yaliu He, Richard E. Zinbarg, Jacob Z. Goldsmith, Alexander L. Williams & William M. Pinsof  
Pages: 461-474 | DOI: 10.1080/10503307.2023.2244150

[Development and content validity of EVAD: A novel tool for evaluating and classifying the severity of adverse events for psychotherapeutic clinical trials](#)

Jessica Mejía-Castrejón, Juan Gerardo Sierra-Madero, Pablo Francisco Belaunzarán-Zamudio, Ana Fresan-Orellana, Alejandro Molina-López, Atenea Betzabé Álvarez-Mota & Rebeca Robles-García  
Pages: 475-489 | DOI: 10.1080/10503307.2023.2239448

[How mood is affected by environment and upsetting events: The moderating role of psychological flexibility](#) |  OPEN ACCESS

Jeanette Villanueva, Andrea H. Meyer, Victoria J. Block, Charles Benoy, Klaus Bader, Sandra Brogli, Maria Karekla, Marc Walter, Elisa Haller, Undine E. Lang & Andrew T. Gloster  
Pages: 490-502 | DOI: 10.1080/10503307.2023.2215392

[Examining therapist estimation of client working alliance and client symptom outcome using truth and bias model and response surface analysis](#)

Xu Li, Manxuan Wu & Feihan Li  
Pages: 503-517 | DOI: 10.1080/10503307.2023.2193671

[The effects of emotion-focused skills training on parental mental health, emotion regulation and self-](#)

[efficacy: Mediating processes between parents and children](#) |  OPEN ACCESS

Nadia Ansar, Helene A. Nissen Lie & Jan Reidar Stiegler  
Pages: 518-537 | DOI: 10.1080/10503307.2023.2218539

[Adapting brief problem-solving therapy for pregnant women experiencing depressive symptoms and intimate partner violence in rural Ethiopia](#) |  OPEN ACCESS

Roxanne C. Keynejad, Tesera Bitew, Katherine Sorsdahl, Bronwyn Myers, Simone Honikman, Adiyam Mulushoa, Mekdes Demissie, Negussie Deyessa, Louise M. Howard & Charlotte Hanlon  
Pages: 538-554 | DOI: 10.1080/10503307.2023.2222899

[Telephone interpersonal counseling treatment for frequent attenders to primary care: Development and piloting](#) |  OPEN ACCESS

Dana Sinai, Dana Lassri, Cigale Spira & Joshua D. Lipsitz  
Pages: 555-569 | DOI: 10.1080/10503307.2023.2200982