

Investigación en Psicoterapia.

Desde sus inicios, FUPSI ha colaborado con SPR – Society for Psychotherapy Research. Hemos

difundido actividades y participado en distintas instancias. Se trata de una sociedad internacional que nuclea investigadores en Psicoterapia. En este espacio difundiremos artículos de investigación.

LA SPR tiene un canal de youtube con seminarios, eventos, cursos, al cual se pueden suscribir:

<https://www.youtube.com/@sprofficial9900>

También pueden asociarse pagando la cuota anual o seguir sus redes sociales para informarse de nuevos eventos que sean abiertos.

Novedades sobre investigación en Psicoterapia.

Listado de publicaciones difundido por Rocío Manubens del Comité de Comunicaciones de SPR – Society for Psychotherapy Research. Publicadas mensualmente desde marzo de 2022.

Algunos tienen acceso gratuito, otros no. Están en idioma inglés. Por consultas escribir a Soledad Olave msolave@gmail.com

Alentamos a que miembros de FUPSI y otros psicoterapeutas, publiquen aquí sus investigaciones. Se reciben las solicitudes en cdfupsi@gmail.com

Publicaciones desde 8/04/2024 a 26/08/2025.

Research Article

[Development and validation of an 8-item version of the Real Relationship Inventory–Client form](#) |  OPEN ACCESS

Alberto Stefana, Paolo Fusar-Poli, Eduard Vieta, Charles J. Gelso & Eric A. Youngstrom
Pages: 1-17 | DOI: 10.1080/10503307.2024.2320331

[Dropout in a clinical trial for comorbid PTSD and MDD among US service members: Are pretreatment characteristics predictive?](#) |  OPEN ACCESS

Alexander C. Kline, Nicholas P. Otis, Sonya B. Norman, W. Michael Hunt & Kristen H. Walter
Pages: 1-13 | DOI: 10.1080/10503307.2024.2325519

[Associations between therapists' verbal techniques and patient-rated therapeutic alliance, insight, and problem solving](#)

Antje Gumz, Anne Daubmann, Rainer Erices, Jelka Berger, Laurence Reuter & Denise

Kästner

Pages: 1-12 | DOI: 10.1080/10503307.2024.2327443

[Interpersonal factors in internet-based cognitive behavioral therapy for depression: Attachment style and alliance with the program and with the therapist](#)  OPEN ACCESS

Dina Zalaznik, Elad Zlotnik, Snir Barzilay, Tal Ganor, Hila Sorka, David Daniel

Ebert, Gerhard Andersson & Jonathan D. Huppert

Pages: 1-16 | DOI: 10.1080/10503307.2024.2325510

Dear Colleagues,

Given that many of you are interested in the relationship between alliance and treatment outcome, and have transitioned to teletherapy in your clinical work, I hope our latest meta-analysis published in *Clinical Psychology Review* will be of interest to you.

In this meta-analysis my colleagues Dan Spina, Sarah Horne, Vera Békés and I summarized the relationship between therapeutic alliance and treatment outcomes in teletherapy with adult patients conducted via videoconferencing or telephone. We identified 31 studies with 34 independent samples (4862 participants). The average weighted effect size was 0.15, $p = .001$, 95% CI [0.07, 0.24], $k = 34$. The association between alliance-teletherapy outcomes in this meta-analysis was small but significant, and somewhat weaker than the alliance-outcome associations reported for in-person treatments and other online interventions. This might indicate that there are other processes at play in teletherapy that explain variance of treatment outcomes, or that the therapist (and the relationship) has less influence on the treatment outcomes than in in-person therapy.

Aafjes-van Doorn, K., Spina, D., Horne, S.J., & Békés, V. (2024). The association between quality of therapeutic alliance and treatment outcomes in teletherapy: A systematic review and meta-analysis, *Clinical Psychology Review*, 110 <https://doi.org/10.1016/j.cpr.2024.102430>.

Find here the link to the full

paper: <https://authors.elsevier.com/a/1ixrZ%7E0r1w3O3>

Best regards, Katie

Katie Aafjes-van Doorn, DCLinPsy
Associate Professor of Psychology
Ferkau Graduate School of Psychology, Yeshiva University
Licensed Psychologist (NYS# 024503)
Associate Editor of *Clinical Psychology: Science & Practice*
www.aafjesvandoorn.com

Introduction

[The therapy relationship, digital interventions, and their interaction](#)

Michelle G. Newman & Jeffrey A. Hayes

Pages: 1-3 | DOI: 10.1080/10503307.2024.2338795

Research Article

[What time-varying network models based on functional analysis tell us about the course of a patient's problem](#) |  OPEN ACCESS

Saskia Scholten, Julian A. Rubel, Julia A. Glombiewski & Christopher Milde

Pages: 1-19 | DOI: 10.1080/10503307.2024.2328304

[Cognitive-behavioral therapy for patients with somatoform disorders: A pilot preliminary randomized controlled trial](#) |  OPEN ACCESS

Jia Luo, Peng-Chong Wang, Fan-Qiang Meng, Xiang-Yun Yang, Yan-Bo Zhang, Si Zu, Fei-Huan Cui, Roger MK NG & Zhan-Jiang Li

Pages: 1-11 | DOI: 10.1080/10503307.2024.2335520

[Bridging the feedback implementation gap: A comparison of empirical and rational decision rules in naturalistic psychotherapy](#) |  OPEN ACCESS

Stephan Ramsperger, Michael Witthöft & Anne-Kathrin Bräscher

Pages: 1-15 | DOI: 10.1080/10503307.2024.2334047

[Quasi-randomized trial of solution-focused brief therapy intervention for readiness to change and alcohol and other drug use in a Brazilian community-based treatment center](#)

Cristiana Nelise de Paula Araujo, Clarissa Mendonça Corradi-Webster, Marta Regina Gonçalves Correia-Zanini & Ali M. Yurasek

Pages: 1-13 | DOI: 10.1080/10503307.2024.2336192

[Maladaptive defense mechanisms moderate treatment outcome in 6 months versus 12 months dialectical-behavior therapy for borderline personality disorder](#) |  OPEN ACCESS

Sebastian Euler, Anna Babl, Eliane Dommann, Esther Stalujanis, Cathy Labrish, Ueli Kramer & Shelley McMain

Pages: 1-17 | DOI: 10.1080/10503307.2024.2334053

Research Article

[Implicit relational aspects of the therapeutic relationship in psychoanalytic treatments: an examination of linguistic style entrainment over time](#)

Katie Aafjes-van Doorn, Daniel S. Spina, Lena Müller-Frommeyer, Bernard S. Gorman, Karl Stukenberg & Sherwood Waldron

Pages: 1-14 | DOI: 10.1080/10503307.2024.2341780

[Exploring the factor structure of a Chinese version of the CORE-OM: insights from network approach and bifactor modeling](#)

Xuyang Deng, Yu Wang, Dan Zhi, Liuqing Xu & Zhongquan Li

Pages: 1-12 | DOI: 10.1080/10503307.2024.2344829

[Do patients internalize the positive regard they are offered? A dyadic test of a Rogerian condition](#)

Averi N. Gaines, Michael J. Constantino, Alice E. Coyne, Barry A. Farber, Nicholas J. Hart, Heidi M. Kmetz, Henny A. Westra & Martin M. Antony
Pages: 1-11 | DOI: 10.1080/10503307.2024.2350681

[Self-efficacy, motivation, social support, and alliance as predictors of youth psychotherapy outcomes in usual care](#)

Jared S. Warren, Mariah Bullock, D. Nicholas Top & Gus C. Salazar
Pages: 1-13 | DOI: 10.1080/10503307.2024.2349996

Research Article

[Physiological synchronization and innovative moments in psychotherapy: A single-case study of micro-process](#)

Johann R. Kleinbub, Giovanna Esposito, Anna S. Cutolo, Arianna Palmieri & Miguel M. Gonçalves
Pages: 1-16 | DOI: 10.1080/10503307.2024.2352752

[Client preferences, therapy activities and preference-activity match as predictors of therapy outcome](#) |  OPEN ACCESS

Celia Faye Jacobsen, Karen-Inge Karstoft, Fredrik Falkenström, Jan Nielsen, Susanne Lunn & Stig Poulsen
Pages: 1-16 | DOI: 10.1080/10503307.2024.2353358

[Development of the Psychotherapist Character Virtues \(PCV\) Interview](#) |  OPEN ACCESS

Pirjo Lehtovuori, Olavi Lindfors, Asko Tolvanen & Erkki Heinonen
Pages: 1-20 | DOI: 10.1080/10503307.2024.2352735

[Efficacy of systemic therapy on adults with depressive disorders: A meta-analysis](#) |  OPEN ACCESS

Andreas Vossler, Martin Pinquart, Liz Forbat & Peter Stratton
Pages: 1-17 | DOI: 10.1080/10503307.2024.2352741

Research Article

[“It Felt Like I Was Being Tailored to the Treatment Rather Than the Treatment Being Tailored to Me”: Patient Experiences of Helpful and Unhelpful Psychotherapy](#) |  OPEN ACCESS

Elizabeth Li, David Kealy, Katie Aafjes-van Doorn, James McCollum, John T. Curtis, Xiaochen Luo & George Silberschatz
Pages: 1-15 | DOI: 10.1080/10503307.2024.2360448

[Psychometric properties of the Spanish version of the Clinical Outcomes in Routine Evaluation Outcome Measure \(CORE-OM\) in Chile](#)

Antonia Errázuriz, Alvaro Passi Solar, Rodrigo Beltrán, Clara Paz, Chris Evans & Guillermo De la Parra
Pages: 1-13 | DOI: 10.1080/10503307.2024.2356195

[Trauma-focused treatments for victims of interpersonal violence: A comparison of treatment interventions and outcomes](#)  OPEN ACCESS

Mariana Gonçalves, Gabriela Martinho & Bitu Ghafoori
Pages: 1-14 | DOI: 10.1080/10503307.2024.2353890

[Love yourself as a therapist, doubt yourself as an institution? Therapist and institution effects on outcome, treatment length, and dropout](#)  OPEN ACCESS

Anne-Katharina Deisenhofer, Miriam I. Hehlmann, Julian A. Rubel, Wolfgang Lutz, Brian Schwartz, Anne-Kathrin Bräscher, Hanna Christiansen, Lydia Fehm, Julia A. Glombiewski, Jens Heider, Sylvia Helbig-Lang, Andrea Hermann, Jürgen Hoyer, Tina In-Albon, Tania Lincoln, Jürgen Margraf, Anne Katrin Risch, Henning Schöttke, Lars Schulze, Rudolf Stark, Tobias Teismann, Julia Velten, Ulrike Willutzki, Gabriele Wilz, Michael Witthöft & Patrizia Odyniec
Pages: 1-14 | DOI: 10.1080/10503307.2024.2352749

These new articles for Psychotherapy Research are available online:

[The role of symptom reduction in improving health-related quality of life through brief cognitive behavioral therapy](#)

Anthony H. Ecker, Sindhuja Shivaji, Maribel Plasencia, Michael R. Kauth, Natalie E. Hundt, Terri L. Fletcher, Shubhada Sansgiry & Jeffrey A. Cully
Pages: 1-9 | DOI: 10.1080/10503307.2024.2349992

[Individual treatment selection for patients with post-traumatic stress disorder: External validation of a personalised advantage index](#)  OPEN ACCESS

James Tait, Stephen Kellett, David Saxon, Anne-Katharina Deisenhofer, Wolfgang Lutz, Michael Barkham & Jaime Delgadillo
Pages: 1-14 | DOI: 10.1080/10503307.2024.2360449

[Exploring the role of emotions and conversation content in interpersonal synchrony: A case study of a couple therapy session](#)  OPEN ACCESS

Virpi-Liisa Kykyri, Petra Nyman-Salonen, Wolfgang Tschacher, Anu Tourunen, Markku Penttonen & Jaakko Seikkula
Pages: 1-17 | DOI: 10.1080/10503307.2024.2361432

[Group schema therapy for personality disorders: Systematic review, research agenda and treatment implications](#)  OPEN ACCESS

Mikaela Tracy, Erika Penney & Alice R. Norton
Pages: 1-20 | DOI: 10.1080/10503307.2024.2361451

[Using clinician and patient input to assess utility, accuracy, efficiency, and therapeutic implementation of a new data-driven digital therapeutic for personalized clinical eating](#)

[disorder treatment: Awaken digital guide](#)  OPEN ACCESS

Christina Ralph-Nearman, Jesse Rae & Cheri A. Levinson
Pages: 1-14 | DOI: 10.1080/10503307.2024.2360445

[Evaluation of symptom network density as a predictor of treatment outcome of inpatient psychotherapy](#)

Hanna M. Deflorin, Mara S. Söker, Stephanie Bauer & Markus Moessner
Pages: 1-9 | DOI: 10.1080/10503307.2024.2365235

Research Article

[Development of a new observer-rated measure to assess the real relationship in psychotherapy sessions](#)

Vera Békés, Daniel S. Spina, Katie Aafjes-van Doorn, Bernard S. Gorman, Karl Stukenberg & Sherwood Waldron
Pages: 1-11 | DOI: 10.1080/10503307.2024.2360459

[Fluctuations in therapist responsiveness facing clients with borderline personality disorder: Starting therapy on the right foot](#)  OPEN ACCESS

Ines Culina, Setareh Ranjbar, Isabella Nadel & Ueli Kramer
Pages: 1-10 | DOI: 10.1080/10503307.2024.2368784

[Direct retrospective measurement of therapeutic changes: an example using the Czech version of the Questionnaire of Personal Changes \(Q-PC\)](#)  OPEN ACCESS

Tomáš Řiháček, Kateřina Macková & Hynek Cígler
Pages: 1-14 | DOI: 10.1080/10503307.2024.2370357

[A person-centered, transdiagnostic schema and mode profile approach to predict outcome in time-limited schema group therapy](#)

M. F. van Vreeswijk, P. Spinhoven, A.M.E.E. Zedlitz, M.A.P. Vugts & E. H. M. Eurelings-Bontekoe
Pages: 1-14 | DOI: 10.1080/10503307.2024.2375251

[Clients' and therapists' parasympathetic interpersonal and intrapersonal regulation dynamics during psychotherapy for depression](#)

Omer Goren, Adar Paz, Eran Bar-Kalifa, Eva Gilboa-Schechtman, Maya Wolff & Dana Atzil-Slonim
Pages: 1-15 | DOI: 10.1080/10503307.2024.2378038

[A cohort study of engagement in telehealth psychotherapy versus in-person services](#)

Mary Beth Connolly Gibbons, Lang Duong, Rachel Y. Chiu, Paul Crits-Christoph, Robert Gallop, David Mandell, Olga Barg, Cory F. Newman, Lily A. Brown & Maria A. Oquendo
Pages: 1-11 | DOI: 10.1080/10503307.2024.2375231

[Is the Norwegian stepped care model for allocation of patients with mental health problems working as intended? A cross-sectional study](#) |  OPEN ACCESS

Martin Schevik Lindberg, Martin Brattmyr, Jakob Lundqvist, Stian Solem, Odin Hjemdal, Eirik Roos, Ane Bjøru Fjeldsæter, Thröstur Björgvinsson, Peter Cornish & Audun Havnen

Pages: 1-13 | DOI: 10.1080/10503307.2024.2378017

We invite you to read a tripartite Special Section of *Psychotherapy Research*, edited by Dr Nikolaos Kazantzis and Dr. Keith Dobson. This tripartite Special Section offers an important set of contemporary research studies dedicated to advancing our understanding of the contributions of therapeutic relationship elements in CBT.

This special section in *Psychotherapy Research* comprises three parts and examines various aspects of the therapeutic relationship within CBT. In this first part, which includes five unique contributions, the role of the therapeutic alliance in CBT, as well as interpersonal and therapist factors are examined. In contrast, the six papers that constitute Part 2 focus on therapeutic strains and ruptures, and ways to negotiate potential or perceived problems in the therapeutic relationship. Notably, these papers include both conceptual and empirical investigations, and cut across several types of disorders.

The set of articles on Part 3 represents the concluding component of the tripartite Special Section focusing on therapeutic relationships in cognitive behavioral therapy (CBT).

You can find the Special Sections here:

Part 1: <https://www.tandfonline.com/toc/tps20/32/8>

Part 2: <https://www.tandfonline.com/toc/tps20/33/1>

Part 3: <https://www.tandfonline.com/toc/tps20/34/1>

Award Paper

[Therapeutic techniques and session impact: A practice-research network study in private practice](#)

Louis G. Castonguay, Soo Jeong Youn, James F. Boswell, J. Ryan Kilcullen, Henry Xiao, Andrew A. McAleavey, Mary A. Boutselis, Melora Braver, Nancy R. Chiswick, Neal A. Hemmelstein, Jeffrey S. Jackson, Richard A. Lytle, Marolyn E. Morford, Heather S. Scott, Catherine S. Spayd & Mary O'Leary Wiley

Pages: 845-857 | DOI: 10.1080/10503307.2023.2262099

Empirical Papers

[“Picking up the pieces”: Patients’ retrospective reflections of rupture resolution episodes during treatment](#) |  OPEN ACCESS

Tal Ben David-Sela, Liat Leibovich, Yara Khoury, Clara E. Hill & Sigal Zilcha-Mano
Pages: 858-871 | DOI: 10.1080/10503307.2023.2245128

[Moments of change: Clients' immediate experiences when sharing emotions in psychotherapy](#)

Gøril Solberg Kleiven, Aslak Hjeltnes, Heidi Brattland & Christian Moltu
Pages: 872-884 | DOI: 10.1080/10503307.2023.2260938

[Predicting resistance management skill from psychotherapy experience, intellectual humility and emotion regulation](#)

Alyssa A. Di Bartolomeo, Udi Alter, David A. Olson, Max B. Cooper, Tali Boritz & Henny A. Westra
Pages: 885-898 | DOI: 10.1080/10503307.2023.2280240

[The meaning and feeling of the time and space between psychotherapy sessions and everyday life: Client experiences of transitions](#)  OPEN ACCESS

Andrzej Werbart, Ulf Rådberg, Isa Holm, David Forsström & Anne H. Berman
Pages: 899-912 | DOI: 10.1080/10503307.2023.2274061

[Dramatic storytelling and naming subjective experiences in psychodynamic treatments of depressed women: An exploratory study of assimilative functions of narrating](#)

Daniel Fesel, Dorothea Huber, Guenther Klug & Tilmann Habermas
Pages: 913-924 | DOI: 10.1080/10503307.2023.2281553

[Empirical examination of long-term and intensive psychodynamic psychotherapy for severely disturbed patients](#)

Gaby Shefler, Maayan Abargil, Refael Yonatan-Leus, Ron Finkenberg & Ilan Amir
Pages: 925-940 | DOI: 10.1080/10503307.2023.2263810

[Secret-keeping in therapy by clients who are sexually attracted to children](#)  OPEN ACCESS

Sara Jahnke, Nicholas Blagden, Ian V. McPhail & Jan Antfolk
Pages: 941-956 | DOI: 10.1080/10503307.2023.2265047

[The relationship between general psychopathology in young people with family functioning and engagement with psychotherapy](#)  OPEN ACCESS

Vera Regina Röhnelt Ramires, Guilherme Fiorini, Fernanda Munhoz Driemeier Schmidt, Camila Piva Da Costa, Elenice Deon & Rob Saunders
Pages: 957-971 | DOI: 10.1080/10503307.2023.2281549

[Practice-based insights from specialized clinicians into youth suicide risk assessment and psychotherapy: A qualitative study](#)

Di Simes, Ian Shochet, Kate Murray & Duncan J. Gill

Pages: 972-990 | DOI: 10.1080/10503307.2023.2253360

[Short-term psychoanalytic psychotherapy with depressed adolescents: Comparing in-session interactions in good and poor outcome cases](#)  OPEN ACCESS

Guilherme Fiorini, Yushi Bai, Peter Fonagy, The Impact Consortium & Nick Midgley

Pages: 991-1004 | DOI: 10.1080/10503307.2023.2270140

[The use of mentalization-based techniques in online psychodynamic child psychotherapy](#)

Ayşenur Coşkun, Sibel Halfon, Jordan Bate & Nick Midgley

Pages: 1005-1017 | DOI: 10.1080/10503307.2023.2245962

These new articles for Psychotherapy Research are available online:

[Measuring psychotherapist functioning with the Therapist Work Involvement Scales \(TWIS\): reliability, factor structure, and measurement invariance](#)  OPEN ACCESS

Armin Hartmann, David E. Orlinsky, M. Helge Rønnestad, Ulrike Willutzki, Thomas A. Schröder & Erkki Heinonen

Pages: 1-13 | DOI: 10.1080/10503307.2024.2389857

[Client resources and the prediction of therapeutic change using an interview: An exploratory study](#)

Carina Magalhães, João Tiago Oliveira, Andreia Milhazes, Pablo Fernández-Navarro, Rui Braga, Patrícia Pinheiro, Robert A. Neimeyer & Miguel M. Gonçalves

Pages: 1-13 | DOI: 10.1080/10503307.2024.2394191

[Prediction of adolescent psychotherapy outcomes using youth- and caregiver-reported symptoms data](#)

Craig E. Henderson, Grace S. Woodard, Melanie Simmonds-Buckley, Maxwell Christensen, Amanda Jensen-Doss, Susan Douglas & Jaime Delgadillo

Pages: 1-13 | DOI: 10.1080/10503307.2024.2394187

[Is symptom outcome the whole story?—A multilevel meta-analysis of systemic therapy for adults including family system functioning](#)

Niels Braus, Christoph Flückiger, Johanna Wichmann, Christian Frankman, Antonia Lang & Christina Hunger-Schoppe

Pages: 1-14 | DOI: 10.1080/10503307.2024.2394192

These new articles for Psychotherapy Research are available online:

[Evaluation of male-specific psychoeducation for major depressive disorder compared to cognitive behavioral therapy psychoeducation: A randomized controlled investigation in mentally distressed men](#) |  OPEN ACCESS

Andreas Walther, Michèle Schneeberger & Lukas Eggenberger

Pages: 1-18 | DOI: 10.1080/10503307.2024.2398085

[Assessing mental health professionals' attitudes toward routine outcome monitoring across Eastern and Western cultures: an examination of invariance and latent mean differences](#)

Zhuang She, Amanda Jensen-Doss & Hui Xu

Pages: 1-11 | DOI: 10.1080/10503307.2024.2396395

[“Business as usual won’t work ...”: Therapists’ experiences and preparedness for providing refugees with trauma-related interventions](#)

Niamh Davoren, Alice McEleney, Santhi Corcoran & Donal G. Fortune

Pages: 1-15 | DOI: 10.1080/10503307.2024.2406544

[Effectiveness of solution-focused brief therapy: An umbrella review of systematic reviews and meta-analyses](#) |  OPEN ACCESS

Andreea M. Żak & Krzysztof Pękala

Pages: 1-13 | DOI: 10.1080/10503307.2024.2406540

These new articles for Psychotherapy Research are available online:

[Change in emotion-based narrative as a potential mechanism of change in a brief treatment for borderline personality disorder](#) |  OPEN ACCESS

Ueli Kramer, Alessio Simonini, Ere Rrustemi, Romane Fellrath, Kim Stucchi, Eleonora Nosedà, Chantal Martin Soelch, Stéphane Kolly, José Blanco-Machinea, Tali Boritz & Lynne Angus

Pages: 1-13 | DOI: 10.1080/10503307.2024.2406543

[First impressions count: Therapists’ impression on patients’ motivation and helping alliance predicts psychotherapy dropout](#) |  OPEN ACCESS

Kristin Jankowsky, Johannes Zimmermann, Ulrich Jaeger, Robert Mestel & Ulrich Schroeders

Pages: 1-13 | DOI: 10.1080/10503307.2024.2411985

[Assessing the implementation of suicide-focused treatments delivered in hybrid telemental health format in a real-world setting](#)

Francesca Kassing, John R. Seeley, Shireen L. Rizvi, Scott N. Compton, James Sinclair, Linda A. Oshin, Kyla Blalock, David A. Jobes, Jennifer Crumlish, Susan Stadelman, Filiz Gözenman-Sapin, Ted Snyderman, Allison K. Ruork, Cassidy M. Fry, Robert J. Gallop, James Goodrich & Jacqueline Pistorello
Pages: 1-15 | DOI: 10.1080/10503307.2024.2415104

[Using machine learning methods to identify trajectories of change and predict responders and non-responders to short-term dynamic therapy](#)

Refael Yonatan-Leus, Gershom Gwertzman & Orya Tishby
Pages: 1-17 | DOI: 10.1080/10503307.2024.2420725

Dear colleagues,

We invite you to read the Special Sections of *Psychotherapy Research*. In the past two years, four Special Sections have been published.

- The tripartite Special Section edited by Dr. Nikolaos Kazantzis and Dr. Keith Dobson, which offers an important set of contemporary research studies dedicated to advancing our understanding of the contributions of therapeutic relationship elements in CBT. You can find the first number [here](#)

- Psychotherapy Skills and Methods, edited by Clara Hill & John Norcross. This Special Section reviews psychotherapist skills and methods. The first article also introduces the interorganizational Task Force that guided the reviews and then features its conclusions. You can read all the articles [here](#)

- Causal inference, edited by Fredrik Falkenström. In this special section, there are eight featured papers that tackle the issue of causal inference in psychotherapy research from different angles. Moreover, these articles provide an overview of the complexities involved in causal inference, as well as some cutting-edge methods that may improve the quality of psychotherapy research in the future. You can find them [here](#)

- Therapy relationships and digital interventions, edited by Michelle G. Newman & Jeffrey A. Hayes. The first article serves as an introduction to a special section devoted to the psychotherapy relationship and digital interventions. The nature of the therapy relationship is explored, and the question is raised as to whether machines can have relationships with their users. Finally, an overview and synthesis of the articles in the special section is provided. You can read it [here](#)

If you have trouble accessing the full articles, remember to log in into your SPR account, click on the "journal" tab and then click again on Member Online Journal Access.

These new articles for Psychotherapy Research are available online:

[Client characteristics and early working alliance development: A person-centered research approach](#) |  OPEN ACCESS

Wilson T. Trusty, Louis G. Castonguay, Caitlin L. Chun-Kennedy, Sultan A. N. Magruder, Rebecca A. Janis, Katherine A. Davis, Dominic C. Augustin & Brett E. Scofield
Pages: 1-15 | DOI: 10.1080/10503307.2024.2418868

[Adolescent, caregivers, and therapists' experiences of youth and family suicide intervention: A qualitative study](#) |  OPEN ACCESS

Di Simes, Ian Shochet, Kate Murray & Isobel G. Sands
Pages: 1-19 | DOI: 10.1080/10503307.2024.2415991

[Therapists' experiences of negative effects in intensive short-term dynamic psychotherapy: A qualitative interview study](#) |  OPEN ACCESS

Tomas Lindegaard, Lovisa Persson, Maria Thorängen & Alexander Rozental
Pages: 1-13 | DOI: 10.1080/10503307.2024.2420717

[Therapists' emotional responses and their relation to patients' experience of attunement and responsiveness](#) |  OPEN ACCESS

Maayan Abargil, Avital Schenkolewski & Orya Tishby
Pages: 1-13 | DOI: 10.1080/10503307.2024.2403422

These new articles for Psychotherapy Research are available online:

[Are perceptions of the psychotherapist affected by the audiovisual quality of a teletherapy session?](#)

Olivia G. Glasgow & Jeffrey S. Berman
Pages: 1-6 | DOI: 10.1080/10503307.2024.2429010

[Decentering as a mediator of the effect of mindfulness on emotional distress: Evidence from cross-sectional and longitudinal designs](#)

Zhenzhen Wang, Xinyi Tang, Amy Hu, Wingsze Chiu, Stefan G. Hofmann & Xinghua Liu
Pages: 1-15 | DOI: 10.1080/10503307.2024.2426562

[A first look at diversity gaps in psychotherapy research publications and representation](#)

Nili Solomonov, Serena Z. Chen, Ellie A. Briskin, Louis Castonguay, Mariane

Krause, Shelley McMain, Chetna Duggal, Soo Jeong Youn, Lorenzo Lorenzo-Luaces & Jacques P. Barber
Pages: 1-12 | DOI: 10.1080/10503307.2024.2428693

[Association between nonverbal synchrony, alliance, and outcome in psychotherapy: Systematic review and meta-analysis](#)

Simone Jennissen, Julia Huber, Beate Ditzen & Ulrike Dinger
Pages: 1-16 | DOI: 10.1080/10503307.2024.2423662

[Exploring alliance ruptures through the lenses of therapeutic distance](#)

Sharon Egozi, Hadas Wiseman & Orya Tishby
Pages: 1-17 | DOI: 10.1080/10503307.2024.2426550

These new articles for Psychotherapy Research are available online:

[Growth in challenging situations: A qualitative investigation of therapists' experience of delivering emotion-focused therapy](#)  OPEN ACCESS

Jan Reidar Stiegler, Elisabeth Schanche, Yngvild Sørebo Danielsen & Aslak Hjeltnes
Pages: 1-13 | DOI: 10.1080/10503307.2024.2432680

[Early response in people with anorexia nervosa receiving cognitive-behavioural therapy for eating disorders \(CBT-ED\): a latent change study](#)

Nuria Real-Brioso, Eduardo Estrada, Ani Laura Ruiz-Lee, Bronwyn C. Raykos & David M. Erceg-Hurn
Pages: 1-16 | DOI: 10.1080/10503307.2024.2432674

[Reciprocal language style matching: Indicator or facilitator of therapeutic bond](#)

Taylor M. S. Colton, Daniel W. Cox, Johanna M. Mickelson & David Kealy
Pages: 1-13 | DOI: 10.1080/10503307.2024.2437644

[Development and validation of a psychotherapy change motivation scale](#)

Mingyu Hu, Ruilu Yang, Hua Yang, Chenchen Lin, Di Liu & Ning Zhang
Pages: 1-12 | DOI: 10.1080/10503307.2024.2433622

[Development of the Cultural Humility Scale—Short Form \(CHS-SF\)](#)

Jeremy J. Coleman, Katalin Grajzel, Yixiao Dong, Don E. Davis, Cirleen DeBlaere, Joshua N. Hook & Jesse Owen
Pages: 1-15 | DOI: 10.1080/10503307.2024.2435043

[Predicting working alliance in psychotherapy: A multi-modal machine learning approach](#)

Katie Aafjes-Van Doorn, Marcelo Cicconet, Jeffrey F. Cohn & Marc Aafjes

Pages: 1-15 | DOI: 10.1080/10503307.2024.2428702

These new articles for Psychotherapy Research are available online:

[Affect integration, metacognitions, and early maladaptive schemas as predictors of outcome in cognitive and metacognitive therapies for social anxiety disorder](#)

Jan Vegard Bakali, Ole André Solbakken, Asle Hoffart, Hege Brækhus, Elfrida Kvarstein & Sverre Urnes Johnson

Pages: 1-13 | DOI: 10.1080/10503307.2024.2443499

[Rater effects in evaluating therapist competencies using structured case reports: A mixed-methods study](#)

Yue Chen, Yun Shi & Yun Lu

Pages: 1-12 | DOI: 10.1080/10503307.2024.2447781

[Inter-brain plasticity as a mechanism of change in psychotherapy: A proof of concept focusing on test anxiety](#)  OPEN ACCESS

Haran Sened, Keren Gorst Kaduri, Hadas Nathan Gamliel, Eshkol Rafaeli, Sigal Zilcha-Mano & Simone Shamay-Tsoory

Pages: 1-15 | DOI: 10.1080/10503307.2025.2451798

[Shared or different pathways to change? Clients' experiences of change in cognitive behavioral therapy and emotion-focused therapy for depression](#)  OPEN ACCESS

Hanna Aardal, Aslak Hjeltnes, Elisabeth Schanche, Yngvild Sørebo Danielsen, Petter Franer & Jan Reidar Stiegler

Pages: 1-15 | DOI: 10.1080/10503307.2024.2445662

[Assessing therapist skills in teletherapy: the development and validation of the tele-facilitative interpersonal skills task](#)

Eva Antebi-Lerman, Tao Lin, Timothy Anderson & Katie Aafjes-Van Doorn

Pages: 1-12 | DOI: 10.1080/10503307.2025.2451329

[Flexibility between immersion and distancing: Relationship with depressive symptoms and therapeutic alliance](#)

Ricardo Lisboa, Eunice Barbosa, Inês Moura, João Salgado & Marlene Sousa

Pages: 1-13 | DOI: 10.1080/10503307.2025.2451330

Dear colleagues,

[Psychotherapy Research, Volume 35, Issue 1, January 2025](#) is now available online on [Taylor & Francis Online](#).

This new issue contains the following articles:

Introduction

[Therapist responsiveness in psychotherapy: Introduction to the special section](#)

Ueli Kramer, Jan R. Boehnke & Giovanna Esposito

Pages: 1-3 | DOI: 10.1080/10503307.2024.2417401

Senior Distinguished Research Career Award Paper

[Psychotherapy process research: Identifying productive in-session processes to enhance treatment outcomes and therapist responsiveness](#)

Jeanne C. Watson

Pages: 4-16 | DOI: 10.1080/10503307.2023.2252160

Empirical Papers

[Therapist verification of patient self-concepts as a responsive precondition for early alliance development and subsequent introject change](#)

Michael J. Constantino, Alice E. Coyne, Averil N. Gaines, Brien J. Goodwin, Heather J.

Muir, Kenneth L. Critchfield, Henny A. Westra & Martin M. Antony

Pages: 17-31 | DOI: 10.1080/10503307.2023.2297995

[Fluctuations in therapist responsiveness facing clients with borderline personality disorder:](#)

[Starting therapy on the right foot](#)  OPEN ACCESS

Ines Culina, Setareh Ranjbar, Isabella Nadel & Ueli Kramer

Pages: 32-41 | DOI: 10.1080/10503307.2024.2368784

[Therapists' responsiveness in the process of ruptures and resolution: Are patients and therapists on the same page?](#)  OPEN ACCESS

Maayan Levy Chajmovic & Orya Tishby

Pages: 42-53 | DOI: 10.1080/10503307.2024.2303318

[Therapists' emotional responses and their relation to patients' experience of attunement and responsiveness](#)  OPEN ACCESS

Maayan Abargil, Avital Schenkolewski & Orya Tishby

Pages: 54-66 | DOI: 10.1080/10503307.2024.2403422

[Therapist responsiveness in the blank landscape of depression: A qualitative study among](#)

[psychotherapists](#)

Heidi Pellens, Valerie Vanhees, Jessie Dezutter, Patrick Luyten & Siebrecht Vanhooren
Pages: 67-83 | DOI: 10.1080/10503307.2023.2239457

Regular Papers

[Adverse events in psychotherapy randomized controlled trials: A systematic review](#) |  **OPEN ACCESS**

Rahel Klatte, Bernhard Strauss, Christoph Flückiger & Jenny Rosendahl
Pages: 84-99 | DOI: 10.1080/10503307.2023.2286992

[Negative effects in randomized controlled trials of psychotherapies and psychological interventions: A systematic review](#) |  **OPEN ACCESS**

Kirsi Honkalampi, Henna-Riikka Urhonen & Marianna Virtanen
Pages: 100-111 | DOI: 10.1080/10503307.2024.2301972

[Patients' perception of side effects in cognitive-behavior, psychodynamic, and psychoanalytic outpatient psychotherapy](#)

Lutz Wittmann, Eva Blomert & Michael Linden
Pages: 112-124 | DOI: 10.1080/10503307.2023.2290029

[Effects and experiences of idiographic patient-reported outcome measures for feedback in psychotherapy: A systematic review and secondary analysis of the empirical literature](#)

Stig Magne Solstad, Mick Cooper, Rolf Sundet & Christian Moltu
Pages: 125-138 | DOI: 10.1080/10503307.2023.2283528

[Therapist and treatment credibility in treatment outcomes: A systematic review and meta-analysis of clients' perceptions in individual and face-to-face psychotherapies](#) |  **OPEN ACCESS**

Güler Beril Kumpasoğlu, Chloe Campbell, Rob Saunders & Peter Fonagy
Pages: 139-154 | DOI: 10.1080/10503307.2023.2298000

[Points of departure: A qualitative study exploring relational facilitators and barriers in the first treatment session](#) |  **OPEN ACCESS**

Øyvind Grindheim, Christian Moltu, Valentina Iversen, Andrew McAleavey, Kristin Tømmervik, Hege Govasmark & Heidi Brattland
Pages: 155-169 | DOI: 10.1080/10503307.2023.2297996

Research Article

[From intuition to innovation: Empirical illustrations of multimodal measurement in psychotherapy research](#)

Katie Aafjes-van Doorn & Jeffrey M. Girard

Pages: 1-3 | DOI: 10.1080/10503307.2024.2445664

[Effectiveness of emotion-focused therapy: Main results of a practice–research network study](#) |  OPEN ACCESS

Ueli Kramer, Marielle Sutter, Julian Rubel, José Blanco Machinea, Catalina Woldarsky, Lars Auszra, Imke Herrmann & Martin Grosse Holtforth

Pages: 1-9 | DOI: 10.1080/10503307.2025.2454455

[Development and validation of countertransference feeling and behavior awareness measures in an Italian and American clinician sample](#)

Diego Rocco, Francesco De Bei, Attà Negri, Andrea Spoto & Jeffrey A. Hayes

Pages: 1-14 | DOI: 10.1080/10503307.2025.2455470

[Mapping the growth of the CORE system tools in psychotherapy research from 1998 to 2021: Learning from historical evidence](#) |  OPEN ACCESS

Clara Paz, Alejandro Unda-López, Jorge Valdiviezo-Oña, Juan Fernando Chávez, Jonathan Elias Herrera Criollo, Lizbeth Toscano-Molina & Chris Evans

Pages: 1-12 | DOI: 10.1080/10503307.2025.2457389

[Therapist Interpersonal Skills and Outcomes for Young People](#) |  OPEN ACCESS

Mick Cooper, David Saxon, Charlie Duncan, Robert Scruggs, Michael Barkham, Peter Bower, Karen Cromarty, Peter Pearce & Megan Rose Stafford

Pages: 1-15 | DOI: 10.1080/10503307.2025.2457398

[Maintaining relevance in psychodynamic psychotherapy: A novel approach to discerning between effective vs. ineffective discourse correlated with better session outcomes](#)

Mor Bar, Amit Saad, Noa Weiss & Shlomo Mendlovic

Pages: 1-15 | DOI: 10.1080/10503307.2025.2455466

[“Vulnerability can breed strength”: The role of borderline personality disorder severity in movement synchrony among patients with major depressive disorder](#) |  OPEN ACCESS

Galit Peysachov, Manar Shehab, Yael Bouknik, Keren Deres-Cohen, Pavel Goldstein & Sigal Zilcha-Mano

Pages: 1-14 | DOI: 10.1080/10503307.2025.2458174

[Improved dropout prediction in group cognitive behavior therapy \(CBT\) using classification trees](#)

Ashleigh G. Cameron, Andrew C. Page & Geoff R. Hooke
Pages: 1-13 | DOI: 10.1080/10503307.2025.2460327

This new *Special Section* for Psychotherapy Research is available online.

This special section underscores the potential of multimodal measurement approaches to transform psychotherapy research. A multimodal approach provides a more comprehensive understanding than any single modality (type of collected information) can provide on its own. Traditionally, clinicians and researchers have relied on their intuition, experience, and training to integrate different types of information in a psychotherapy session/treatment. Increasingly, however, computational methods offer a complementary alternative, enabling more automated, data-driven, and reproducible solutions. The six empirical examples in this special section illustrate the emerging—and often interdisciplinary—methodologies, including text, audio, video, and physiological measures, that are relevant in the psychotherapy setting.

Introduction

[From intuition to innovation: Empirical illustrations of multimodal measurement in psychotherapy research](#)

Katie Aafjes-van Doorn & Jeffrey M. Girard

Pages: 171-173 | DOI: 10.1080/10503307.2024.2445664

Empirical Papers

[Decoding emotions: Exploring the validity of sentiment analysis in psychotherapy](#) |  OPEN ACCESS

Steffen T. Eberhardt, Jana Schaffrath, Danilo Moggia, Brian Schwartz, Martin Jaehde, Julian A. Rubel, Tobias Baur, Elisabeth André & Wolfgang Lutz

Pages: 174-189 | DOI: 10.1080/10503307.2024.2322522

[Exploring the role of emotions and conversation content in interpersonal synchrony: A case study of a couple therapy session](#) |  OPEN ACCESS

Virpi-Liisa Kykyri, Petra Nyman-Salonen, Wolfgang Tschacher, Anu Tourunen, Markku Penttonen & Jaakko Seikkula

Pages: 190-206 | DOI: 10.1080/10503307.2024.2361432

[Electrodermal and respiratory synchrony in couple therapy in distinct therapeutic subsystems and reflection periods](#)

Joana F. Coutinho, Markku Penttonen, Anu Tourunen, Jaakko Seikkula, Anssi Peräkylä, Wolfgang Tschacher & Virpi-Liisa Kykyri

Pages: 207-222 | DOI: 10.1080/10503307.2023.2294886

[Physiological synchronization and innovative moments in psychotherapy: A single-case](#)

[study of micro-process](#)

Johann R. Kleinbub, Giovanna Esposito, Anna S. Cutolo, Arianna Palmieri & Miguel M. Gonçalves

Pages: 223-238 | DOI: 10.1080/10503307.2024.2352752

[A multi-modality and multi-dyad approach to measuring flexibility in psychotherapy](#) |  OPEN ACCESS

Timur Guralnik, Robert G. Moulder, Daniel Merom & Sigal Zilcha-Mano

Pages: 239-255 | DOI: 10.1080/10503307.2023.2292746

[Predicting working alliance in psychotherapy: A multi-modal machine learning approach](#)

Katie Aafjes-van Doorn, Marcelo Cicconet, Jeffrey F. Cohn & Marc Aafjes

Pages: 256-270 | DOI: 10.1080/10503307.2024.2428702

These new articles for Psychotherapy Research from *Volume 35, Issue 2*, are available online:

Research Article

[Personalization of structured group psychotherapy through add-on interventions: A potential for active engagement](#) |  OPEN ACCESS

Jasmin Gryesten, Christian Moltu, Stig Poulsen, Elisabeth Belmudez Biering, Kirsten Møller, Kirstine Dichmann & Sidse Marie Arnfred

Pages: 1-16 | DOI: 10.1080/10503307.2025.2462146

[Moderators of short- and long-term outcomes in panic control treatment and panic-focused psychodynamic psychotherapy](#) |  OPEN ACCESS

Rolf Sandell, Fredrik Falkenström, Martin Svensson, Thomas Nilsson, Håkan Johansson, Gardar Viborg & Sean Perrin

Pages: 271-281 | DOI: 10.1080/10503307.2023.2294888

[Avoidance and fear day by day in social anxiety disorder](#)

Thomas L. Rodebaugh, Jason T. Grossman, Natasha A. Tonge, Jin Shin, Madelyn R. Frumkin, Chavez R. Rodriguez, Esteban G. Ortiz & Marilyn L. Piccirillo

Pages: 282-295 | DOI: 10.1080/10503307.2023.2297994

[Group schema therapy: The temporal relationship between early maladaptive schemas and global psychological distress](#)

Marianne van Tatenhove, David Koppers, Jaap Peen & Jack J.M. Dekker

Pages: 296-305 | DOI: 10.1080/10503307.2023.2292151

[Improved outcomes for depressed elder abuse victims with video-delivered psychotherapy during COVID-19](#)

Isabel Rollandi, Samprit Banerjee, Yuqing Qiu, Olivia Fiallo, Tobi Abramson, Jaquelin Berman, Nili Solomonov & Jo Anne Sirey

Pages: 306-318 | DOI: 10.1080/10503307.2023.2292743

[A comparison of the effect of two types of brief psychodynamic group therapy on perfectionism-related attitudes, self-relatedness, and self-esteem](#)

David Kealy, Paul L. Hewitt, Ingrid Söchting, Samuel F. Mikail, Martin M. Smith, Gordon L. Flett, Sabrina Ge, Anna Kristen & Zarina Giannone

Pages: 319-336 | DOI: 10.1080/10503307.2024.2308141

[Is respiratory sinus arrhythmia a modifiable index of symptom change in cognitive behavioral therapy for youth? A pooled-data analysis of a randomized trial](#)

Eli S. Susman, John R. Weisz, Katie A. McLaughlin, Patrick Coulombe, Spencer C. Evans & Kristel Thomassin

Pages: 337-351 | DOI: 10.1080/10503307.2024.2308149

Research Article

[“I know that all this is me” Pathways of change in complex dissociative disorder](#) |  OPEN ACCESS

Ingunn Holbæk, Karianne Vrabel & Margrethe Seeger Halvorsen

Pages: 1-17 | DOI: 10.1080/10503307.2025.2457402

[Emotion cascade: Harnessing emotional sequences to enhance chair work interventions and reduce self-criticism](#)

A. Delatraba, R. Jódar, C. López-Cavada & A. Pascual-Leone

Pages: 1-15 | DOI: 10.1080/10503307.2025.2460535

[Assessing the psychotherapist's affective reactions toward their patient: validation of the Clinician Affective REsponse \(CARE\) scales](#) |  OPEN ACCESS

Alberto Stefana, Eduard Vieta, Paolo Fusar-Poli & Eric A. Youngstrom

Pages: 1-17 | DOI: 10.1080/10503307.2025.2465432

[A theory-building case study of resolving epistemic mistrust and developing epistemic trust in psychotherapy with depressed adolescents](#) |  OPEN ACCESS

Elizabeth Li, Nick Midgley, Chloe Campbell & Patrick Luyten

Pages: 1-19 | DOI: 10.1080/10503307.2025.2473927

[Associations between interpersonal synchrony and clients' perception of session quality are moderated by depression severity](#)

Dana Stolowicz-Melman, Dana Atzil-Slonim, Adar Paz, Eran Bar-Kalifa, Eva Gilboa-Schechtman & Ruth Feldman

Pages: 1-11 | DOI: 10.1080/10503307.2025.2462150

Research Article

[Trauma-focused cognitive-behavioral therapy for long-term posttraumatic stress disorder, major depressive disorder and anxiety disorders in victims of terrorism: A randomized clinical trial](#)

Clara Gesteira, Maria Paz Garcia-Vera, Jesus Sanz & James M. Shultz

Pages: 1-16 | DOI: 10.1080/10503307.2025.2467380

[A mixed-methods evaluation of long-term outcomes after trauma-focused cognitive behavioural therapy for children subjected to family violence](#)  OPEN ACCESS

M. Onsjö, U. Axberg, O. Hultmann & J. Strand

Pages: 1-15 | DOI: 10.1080/10503307.2025.2469256

[Practices of personalized treatment selection among German psychotherapists: A preregistered mixed methods study](#)

Robin Anno Wester, Tobias Steinbrenner, Sofie Hanraths, Johannes C. Ehrental, Flavio Iovoli, Jessica Fritz & Julian Rubel

Pages: 1-14 | DOI: 10.1080/10503307.2025.2473931

[Machine learned text topics improve drop-out risk prediction but not symptom prediction in online psychotherapies for depression and anxiety](#)  OPEN ACCESS

Sanna Mylläri, Suoma Eeva Saarni, Grigori Joffe, Ville Ritola, Jan-Henry Stenberg & Tom Henrik Rosenström

Pages: 1-16 | DOI: 10.1080/10503307.2025.2473921

Article Commentary

[Harnessing implementation science to integrate ambulatory assessment data into clinical practice](#)  OPEN ACCESS

Saskia Scholten, Julian Burger, Mila Hall, Miriam Hehlmann & Marilyn L. Piccirillo

Pages: 1-3 | DOI: 10.1080/10503307.2025.2477556

This new Volume for *Psychotherapy Research* is available online. Remember that you can access *Psychotherapy Research* articles through your profile in the SPR website, in the tab Journal/Member Online Journal Access.

Research Articles

[Maladaptive defense mechanisms moderate treatment outcome in 6 months versus 12 months dialectical-behavior therapy for borderline personality disorder](#)  OPEN ACCESS

Sebastian Euler, Anna Babl, Eliane Dommann, Esther Stalujanis, Cathy Labrish, Ueli

Kramer & Shelley McMain

Pages: 529-545 | DOI: 10.1080/10503307.2024.2334053

[Symptom-specific improvement across therapies and their putative mediators: A mediation network intervention analysis](#)  OPEN ACCESS

Jette Echterhoff, Levente Kriston, Jan Philipp Klein, Martin Härter, Elisabeth Schramm & Lea Schumacher

Pages: 546-557 | DOI: 10.1080/10503307.2024.2320349

[Interpersonal factors in internet-based cognitive behavioral therapy for depression: Attachment style and alliance with the program and with the therapist](#)  OPEN ACCESS

Dina Zalaznik, Elad Zlotnick, Snir Barzilay, Tal Ganor, Hila Sorka, David Daniel Ebert, Gerhard Andersson & Jonathan D. Huppert

Pages: 558-573 | DOI: 10.1080/10503307.2024.2325510

[Group member attachment style interacts with actor and partner helping alliance to predict decreasing binge eating episodes](#)

Gianluca Lo Coco, Agostino Brugnera, Laura Salerno, Angelo Compare, Giorgio A. Tasca & Dennis M. Kivlighan

Pages: 574-588 | DOI: 10.1080/10503307.2024.2325509

[Associations between therapists' verbal techniques and patient-rated therapeutic alliance, insight, and problem solving](#)

Antje Gumz, Anne Daubmann, Rainer Erices, Jelka Berger, Laurence Reuter & Denise Kästner

Pages: 589-600 | DOI: 10.1080/10503307.2024.2327443

[Within- and between-session changes of in-session reflective functioning of mothers in dyadic parent-infant psychotherapy](#)

Anna Katharina Georg, Lea Amelie Kasper, Andreas B. Neubauer, Maximilian Selic & Svenja Taubner

Pages: 601-613 | DOI: 10.1080/10503307.2024.2323617

[Dropout in a clinical trial for comorbid PTSD and MDD among US service members: Are pretreatment characteristics predictive?](#)  OPEN ACCESS

Alexander C. Kline, Nicholas P. Otis, Sonya B. Norman, W. Michael Hunt & Kristen H. Walter

Pages: 614-626 | DOI: 10.1080/10503307.2024.2325519

[Patient and therapist change process expectations: Independent and dyadic associations with psychotherapy outcomes](#)  OPEN ACCESS

Agostino Brugnera, Michael J. Constantino, Ariella Grossman-Giron, Tzviel Ben

David & Dana Tzur Bitan

Pages: 627-636 | DOI: 10.1080/10503307.2024.2328302

[What time-varying network models based on functional analysis tell us about the course of a patient's problem](#) |  OPEN ACCESS

Saskia Scholten, Julian A. Rubel, Julia A. Glombiewski & Christopher Milde

Pages: 637-655 | DOI: 10.1080/10503307.2024.2328304

[Mental health clients' receptiveness to and recommendations for integrating physical activity discussions into therapy: A mixed methods study](#)

Emily L. Mailey, Gina M. Besenyi, Justin Montney & Jared Durtschi

Pages: 656-667 | DOI: 10.1080/10503307.2024.2325512

[Cognitive-behavioral therapy for patients with somatoform disorders: A pilot preliminary randomized controlled trial](#) |  OPEN ACCESS

Jia Luo, Peng-Chong Wang, Fan-Qiang Meng, Xiang-Yun Yang, Yan-Bo Zhang, Si Zu, Fei-Huan Cui, Roger Mk Ng & Zhan-Jiang Li

Pages: 668-678 | DOI: 10.1080/10503307.2024.2335520

[Bridging the feedback implementation gap: A comparison of empirical and rational decision rules in naturalistic psychotherapy](#) |  OPEN ACCESS

Stephan Ramsperger, Michael Witthöft & Anne-Kathrin Bräscher

Pages: 679-693 | DOI: 10.1080/10503307.2024.2334047

Research Article

[Assessing clinical micro-skills in deliberate practice exercises: validation of the clinical micro-skill training \(CMST\) scale](#) |  OPEN ACCESS

Jana Bommer, Wolfgang Lutz & Anne-Katharina Deisenhofer

Pages: 1-13 | DOI: 10.1080/10503307.2025.2485156

[Therapist cultural humility in early psychotherapy: A catalyst for improved client functioning at treatment termination](#)

Lushna M. Mehra, Alexander M. Kallen, Miracle Potter, Nikhila S. Udupa, Chloe P.

Bryen, Therese S. Kemper, Natalie J. Sachs-Ericsson & Thomas E. Joiner

Pages: 1-21 | DOI: 10.1080/10503307.2025.2481268

[The German version of the Clinical Outcomes in Routine Evaluation—Outcome Measure \(CORE-OM\): Factorial validity, internal consistency, and gender differences in a large outpatient sample](#) |  OPEN ACCESS

Gabor Aranyi, Elke Humer, Human-Friedrich Unterrainer, Martin Kuska, Lisa Winter & Marina Zeldovich

Pages: 1-19 | DOI: 10.1080/10503307.2025.2485154

[Integrating religion and spirituality with psychotherapy in a religiously diverse nation—A mixed methods study on client attitudes and experiences in Singapore](#)  OPEN ACCESS

Xiangbin Lin, Jonathan E. Ramsay & Joanna Barlas

Pages: 1-17 | DOI: 10.1080/10503307.2025.2487061

These new articles for Psychotherapy Research are available online:

[Sharing, carrying, and tolerating the pain – A meta-synthesis of clinicians’ experiences from working with adolescents who self-harm](#)  OPEN ACCESS

Mathea Fretheim Walle, Maria Härter Langvik, Reidar Schei Jessen & Line Indrevoll Stänicke

Pages: 1-14 | DOI: 10.1080/10503307.2025.2481604

[A pilot and feasibility study of Sage: A couple therapy for borderline personality disorder](#)

Skye Fitzpatrick, Sonya Varma, Jenna Traynor, Elizabeth A. Earle, Ruth Vanstone, Lindsay Fulham, Kamyra Goenka, Michelle J. Blumberg, Lindsay Wyatt, Ashley N. Siegel, Alyssa A. Di Bartolomeo, Nikoo Norouzian, Jessica Burdo, Naomi Ennis, Alison Carney, Omega Luxor, Ravina Sankar, Candice Monson & Rachel Liebman

Pages: 1-16 | DOI: 10.1080/10503307.2025.2491478

[Effects of preference alignment and client-rated attachment style on therapy: The moderating role of interpersonal synchrony](#)

Xiaoyan Dai, Liying Chen, Qianyi Zhou & Ya Zhang

Pages: 1-15 | DOI: 10.1080/10503307.2025.2491479

[Treatment and prevention of common mental health problems: comparisons of four low-intensity interventions in a community outpatient setting](#)  OPEN ACCESS

Martin Schevik Lindberg, Jakob Lundqvist, Martin Brattmyr, Stian Solem, Odin Hjemdal, Eirik Roos, Thröstur Björgvinsson, Peter Cornish & Audun Havnen

Pages: 1-18 | DOI: 10.1080/10503307.2025.2485165

[When theory and therapy part ways—A scoping review of the science-to-practice gap](#)  OPEN ACCESS

Nina R. Schwarzbach, Rink Hoekstra, Anika Poppe, Theo K. Bouman & Gerdina H.M. Pijnenborg

Pages: 1-21 | DOI: 10.1080/10503307.2025.2488019

These new articles for Psychotherapy Research are available online:

[A randomized controlled trial of a peer and clinician led group program for borderline personality disorder](#) |  OPEN ACCESS

Brin F. S. Grenyer, Sophie Lucas, Karlen R. Barr, Adam Finch, Georgia

Denmeade & Nicholas J. S. Day

Pages: 1-12 | DOI: 10.1080/10503307.2025.2498430

[Development and psychometric evaluation of a screening instrument for cognitive perceptual disruption \(Copedts\) in psychotherapy patients](#) |  OPEN ACCESS

Mikkel Eielson, Pål Gunnar Ulvenes, Linne Melsom, Bruce E. Wampold, Jan Ivar

Røssberg, Filip Myhre, Øystein Sørensen, Susanna Memmen Rasch & Allan Abbass

Pages: 1-13 | DOI: 10.1080/10503307.2025.2495773

[Effectiveness of emotion-focused skills training \(EFST\) for parents: A randomized controlled trial investigating remission of mental health diagnosis and symptom reduction in children](#) |  OPEN ACCESS

Linda Severinsen, Jan Reidar Stiegler, Helene Amundsen Nissen-Lie, Ben Shahar, Thomas Bjerregaard Bertelsen & Rune Zahl-Olsen

Pages: 1-12 | DOI: 10.1080/10503307.2025.2491477

[Evidence of Measurement Invariance in the Working Alliance Inventory Across In-Person and Videoconferencing Psychotherapy](#) |  OPEN ACCESS

Alberto Stefana

Pages: 1-11 | DOI: 10.1080/10503307.2025.2495827

[Facial attractiveness increases the likelihood of choosing a psychotherapist, irrespective of sexual preferences and perceived trustworthiness](#) |  OPEN ACCESS

Antonio Olivera-La Rosa, Alessandro Ansani, Marco Viola & Marco Marini

Pages: 1-13 | DOI: 10.1080/10503307.2025.2494272

These new articles for Psychotherapy Research are available online:

[Young adult vulnerability and parental responsiveness in attachment-based family therapy for LGBTQ+ young adults and their nonaccepting parents](#) |  OPEN ACCESS

Shira Katz, Rotem Boruchovitz-Zamir, Eran Bar-Kalifa & Gary M. Diamond

Pages: 1-14 | DOI: 10.1080/10503307.2025.2501239

[Mastery and motivational clarification as mediators of cognitive behavioral therapy versus exposure-based cognitive behavioral therapy for depression](#) |  OPEN ACCESS

Agnete Dyresen, Juan Martín Gómez-Penedo, Anna Babl & Martin grosse Holtforth

Pages: 1-12 | DOI: 10.1080/10503307.2025.2504465

[How to interpret correlational process-outcome effect sizes in psychotherapy: a meta-analytic benchmark study](#) |  OPEN ACCESS

Juan Martín Gómez Penedo & Christoph Flückiger
Pages: 1-11 | DOI: 10.1080/10503307.2025.2494270

[The association between therapist internal relational models, professional self-doubt, and coping strategies and the process and outcome of psychotherapy](#) |  OPEN ACCESS

C. F. Jacobsen, L. Igra, S. Lunn, K.-I. Karstoft, J. Nielsen, L. Lauritzen, F. Falkenström & S. Poulsen
Pages: 1-16 | DOI: 10.1080/10503307.2025.2506650

These new articles for Psychotherapy Research are available online:

Introduction

[Reinventing fatherhood -exploring men' experiences of participating in emotion-focused skills training](#) |  OPEN ACCESS

Nadia Ansar, Signe Hjelen Stige, Selma Marie Pedersen Engeset, Benedicte Nilsen, Elisabeth Schanche & Aslak Hjeltnes
Pages: 1-12 | DOI: 10.1080/10503307.2025.2494747

Research Article

[The usefulness of combining topic modelling and statistical analysis to investigate the therapeutic process: A single case study](#)

Davide Liccione & Luisa Siciliano
Pages: 1-21 | DOI: 10.1080/10503307.2025.2500504

[Group climate temporally precedes member improvement in emotional cultivation groups for youth](#)

Li-fei Wang, Dennis M. Kivlighan, Meifen Wei, Evelyn Yan Yi Koay & Chia-Yi Ho
Pages: 1-15 | DOI: 10.1080/10503307.2025.2500506

[Group Leader and Member Here-and-now Focus and Therapeutic Factors: A Linguistic Inquiry and Word Count Analysis](#)

Rayna D. Markin, Dennis M. Kivlighan, Cheri Marmarosh, Sabrina Ge, David Kealy & Paul L. Hewitt
Pages: 1-18 | DOI: 10.1080/10503307.2025.2506653

[Targeted Learning for Optimal Patient Assignment to Psychotherapy](#) |  OPEN ACCESS

Veera K. Malkki, Suoma E. Saarni, Wolfgang Lutz & Tom H. Rosenstöm
Pages: 1-15 | DOI: 10.1080/10503307.2025.2517567

[Profiles of mentalizing in individuals with antisocial behavior: comparing state- and trait-mentalizing](#) |  OPEN ACCESS

Brenda De Wit-De Visser, Madeleine J.N. Rijckmans, Jeroen K. Vermunt, Matthijs J.W. Hamakers & Arno van Dam

Pages: 1-19 | DOI: 10.1080/10503307.2025.2517560

[Dynamic expectancies: The independent role of within-person change in outcome expectancy in predicting overall treatment outcomes in psychotherapy for depression](#)

Liron Rozenkrantz, Oleksandr Laskorunskyi, Sigal Zilcha-Mano & Itai Dattner

Pages: 1-11 | DOI: 10.1080/10503307.2025.2519574

[Target validation in dialectical behavior therapy skills group: Emotion regulation, mindfulness, and distress tolerance as mediators of outcome](#)

Maya E. Amestoy, Tahira Gulamani & Amanda A. Uliaszek

Pages: 1-12 | DOI: 10.1080/10503307.2025.2522390

These new articles for Psychotherapy Research are available online:

Research Article

[Identification of Potential Therapist “Missteps” in the Context of Engagement in Public Mental Health Services: Analysis of Digital Recordings and Key Informant](#)

[Validation](#) |  OPEN ACCESS

Hyun Seon Park, Kimberly D. Becker, Wendy Chu, Kendal Reeder, Carolina Lechuga, Jonathan K. Ahuna, Eleanor Wu, Lanalle Darden, Rosalyn Williams, Rosana Serrano & Bruce F. Chorpita

Pages: 1-15 | DOI: 10.1080/10503307.2025.2521792

[Using latent profile analysis of clinical microskills to predict alliance and outcome of cognitive behavioral therapy](#) |  OPEN ACCESS

Jana Schaffrath, Miriam I. Hehlmann, Fabienne Mink, Danilo Moggia & Wolfgang Lutz

Pages: 1-16 | DOI: 10.1080/10503307.2025.2528029

[When and Under What Circumstances Does Neuroticism Change in the Unified Protocol?](#)

Nicole E. Stumpp, Matthew W. Southward, Alexandra Hines, Madeline L. Kushner, Carmen Schäuuffele, Martina Fruhbauerova, Eric Bridges, Abrar Rahman & Shannon Sauer-Zavala

Pages: 1-12 | DOI: 10.1080/10503307.2025.2521779

[Development and Initial Validation of the Therapist Ambiguity Intolerance Scale: Evidence Based on Multilevel Data and Analyses](#)

Hui Xu, Zhijin Hou, Jijia Zhu & Lan Zhang

Pages: 1-15 | DOI: 10.1080/10503307.2025.2524518

These new articles for Psychotherapy Research are available online:

[Psychodynamic psychotherapists' perceptions of change: A phenomenological analysis](#)

Lorenzo Antichi, Benedetta Biondi, Marco Giannini & Rosapia Lauro-Grotto

Pages: 1-16 | DOI: 10.1080/10503307.2025.2535564

[The problematic impressions of therapy scale: a transtheoretical measure of negative patient experience in psychotherapy](#)

James McCollum, Xu Li, George Silberschatz, David Kealy & Juan Martin Gomez Penedo

Pages: 1-13 | DOI: 10.1080/10503307.2025.2528031

[Touch in psychotherapy: Experiences, desires and attitudes in a large population survey](#) |  OPEN ACCESS

Michal Tanzer, Athanasios Koukoutsakis, Ilia Galouzidi, Paul M. Jenkinson, Claudia Hammond, Michael J. Banissy & Aikaterini Fotopoulou

Pages: 1-16 | DOI: 10.1080/10503307.2025.2534971

[A Network Approach to Exploring Effects of Self-Stigma Intervention in Serious Mental Illness](#)

Natasha A. Tonge, Natasha Benfer, Clayton Brown, Amy Drapalski & Alicia Lucksted

Pages: 1-13 | DOI: 10.1080/10503307.2025.2517555

These new articles for Psychotherapy Research are available online

[The role of positive emotions in accelerated experiential dynamic psychotherapy](#)

Niv Gross, Eran Bar-Kalifa & Ben Shahr

Pages: 1-12 | DOI: 10.1080/10503307.2025.2534972

[Psychotherapist's Nonverbal Coordination Scale: Introducing a New Measurement Tool for Child Psychotherapy](#)

Zeynep Catay, Sibel Halfon, Miriam Steele & George Downing

Pages: 1-14 | DOI: 10.1080/10503307.2025.2535571

[Attitudes towards virtual reality usage in exposure treatment: Data from German practitioners and how a demonstration changes them*](#) |  OPEN ACCESS

Daniel Badeja, Florian Schier, Matthew McGinity & Jürgen Hoyer

Pages: 1-18 | DOI: 10.1080/10503307.2025.2534978

[Experience of self-discovery and change in a psychodynamic internet delivered programme for university students experiencing low mood](#)  OPEN ACCESS

Rose Mortimer, Dominika Iluczyk, Jakob Mechler, Karin Lindqvist, Nick Midgley, Gerhard Andersson & Henry Clements

Pages: 1-16 | DOI: 10.1080/10503307.2025.2538552

These new articles for Psychotherapy Research are available online:

[Acceptability and preliminary effectiveness of the Unified Protocol in blended format in the Spanish public mental health system: Results from a Pilot Randomized Controlled Trial](#)

Laura Martínez-García, Carmen Schaeuffele, Óscar Peris-Baquero, María Ángeles Torres Alfosea & Jorge Osma

Pages: 1-18 | DOI: 10.1080/10503307.2025.2541707

[Conflict of interest in trials of internet-based interventions for depression: Systematic review and meta-regression](#)  OPEN ACCESS

Thomas Munder, Berit Barthelmes, Lenny Weber, Christoph Flückiger, André Kerber, Tobias Krieger, Birgit Watzke & Markus Wolf

Pages: 1-11 | DOI: 10.1080/10503307.2025.2538549

[Leveraging large language models to identify microcounseling skills in psychotherapy transcripts](#)  OPEN ACCESS

Karin Hammerfeld, Fabian Schmidt, Vladimir Vlassov, Henrik Haaland Jahren & Ole André Solbakken

Pages: 1-19 | DOI: 10.1080/10503307.2025.2539405

[Hope predicts long-term well-being following cognitive behavioral therapy for anxiety and related disorders](#)

Laura J. Long, Nicole D. Cardona, Audrey Hey, Julián Moreno, David H. Barlow & Todd J. Farchione

Pages: 1-14 | DOI: 10.1080/10503307.2025.2523479

[Supervised therapist and supervisor impact on client therapy outcomes](#)

Heidi A. Vogeler, Katie Allphin, Brett M. Merrill & Lane Fischer

Pages: 1-10 | DOI: 10.1080/10503307.2025.2548906